



Small Plates

Rotisserie Chicken, Kale & Chickpea Soup tomato, vegetables, parmesan 11.⁹⁵ GF

Creamy Clam Chowder with Nashville hot crackers and crispy bacon 11.⁹⁵ GF

Tuna Osaka pressed sushi with spicy tuna, avocado, wasabi, pickled ginger, sriracha aioli, eel sauce 16.⁹⁵ GF

Crispy Shrimp Spring Rolls lime miso vinaigrette, sweet chili vinaigrette 16.⁹⁵

Yellowfin Tuna Tartare crushed tater tots, avocado smash, yuzu ponzu drizzle, pickled ginger 17.⁹⁵

Lioni Burrata campari tomatoes, arugula, garlic ciabatta, basil pesto 15.⁹⁵ V

Chicken Parm Meatballs NJ tomato sauce, basil pesto 15.⁹⁵

Crispy Rhode Island Calamari giardiniera vegetables, pickled jalapeño, lemon basil aioli 16.⁹⁵

Sesame Crusted Chicken Potstickers chili crisp, yuzu ponzu 15.⁹⁵

Salads

Baby Iceberg Wedge baby tomatoes, bacon lardons, pickled red onion, parmesan croutons, blue cheese dressing 14.⁹⁵

Winter Harvest Salad baby greens, pumpkin seeds, radish, blue cheese, honeycrisp apple, dried cranberries, cider vinaigrette 15.⁹⁵ V GF

Caesar romaine, parmesan croutons, shaved parmesan, caesar dressing 13.⁹⁵

Rotisserie Chicken Salad Tuscan kale, savoy cabbage, quinoa, parmesan, cilantro, peanut vinaigrette 24.⁹⁵ GF

Salmon Salad baby greens, tomato, bacon lardons, avocado, grana padano, sherry vinaigrette 23.⁹⁵ GF

Thai Steak Noodle marinated filet mignon, spinach, cabbage, orange, avocado, crispy wontons, peanuts, miso vinaigrette 24.⁹⁵

Power Lunch 17.⁹⁵

SOUP, SALAD, & SLIDER OR SALMON

Choice of Creamy Clam Chowder or Rotisserie Chicken, Kale & Chickpea Soup

Choice of Caesar Salad or Baby Greens

Choice of Pan Seared Salmon, Fried Chicken Slider, or 3W Cheddar Slider

House Specialties

Lobster Roll house made chips, baby greens 26.⁹⁵

Swordfish Tacos blue corn tortillas, rainbow slaw, sriracha aioli, pico de gallo, corn chips 23.⁹⁵ GF

Rotisserie Chicken Quesadilla caramelized onion, cheese, kale, sour cream, pico de gallo 15.⁹⁵

Crispy Chicken Sandwich pickles, tomato, swiss cheese, green cabbage slaw, brioche bun, frites 20.⁹⁵

Grilled Shrimp Grain Bowl Harissa shrimp, Brussels sprouts, carrots, red peppers, cabbage, bloomed raisins, greens 23.⁹⁵

3West Vermont Cheddar Burger (Double Patty) Brandt ribeye blend, lettuce, tomato, pickles, garlic aioli, brioche bun, frites 20.⁹⁵

We are concerned for your well being; if you have allergies, please alert us as not all ingredients are listed!

We are obligated to tell you that consuming raw or undercooked meat, seafood, eggs may increase your risk of foodborne illness.